

The Health Trust

The trust provides a comprehensive health screening service to participating workers and employers. Screening is carried out in the workplace, during normal business hours.

Screening is delivered by trained occupational health nurses using the most up to date diagnostic equipment. All screenings are reviewed by a qualified medical doctor.

We routinely test blood pressure, BMI, lung function, cholesterol and diabetes. We can also provide other tests such as PSA (prostate cancer) FOBT (colorectal cancer) and full blood count if required.

Last year we screened over 5000 workers on building sites throughout the country and almost 30% of them were referred to their own GPs for further treatment.

Take a look at some Stats

- 34%** of construction workers smoke
- 59%** hazardous drinking
- 49%** are overweight
- 34%** high cholesterol
- 56%** elevated blood pressure

As a societal group construction workers are seriously disadvantaged in terms of general health and lifestyle.

Why? Well the physical nature of the work, job uncertainty and poor lifestyle choices all take their toll. But by incorporating health screening into your H&S program you can at least help your employees to make the right choices and to pursue a healthier lifestyle.

Benevolent Fund

The fund was established in 1986 and has distributed over **€10 million** to construction workers and their families. Funds are limited so grants are restricted to situations arising from bereavement, serious illness, acute hardship and unforeseen family events leading to financial stress.

It provides a valuable second tier of assistance to the work of the Health Trust where serious health problems are often encountered.

So how do I join?

...EASY

Contributions to the Construction Workers Health Trust and Benevolent Fund are deducted from worker's salaries along with the pension contribution to the Construction Workers Pension Scheme (CWPS).

If your firm is joining the Pension scheme for the first time you can also enroll your workers in the Health Trust/ Benevolent Fund. Simply opt to deduct a further €1.50 per week from each worker along with their pension contribution, and remit the combined payment to CWPS each month.

Select the 'standard' with additions' contribution rate when joining CWPS, and this will include your pension and health trust/benevolent contribution.

If you opt for 'standard' only then you are just paying pension and not entitled to the benefits of Health screening.

The contribution is an employee deduction although the employer can pay it if he/she wishes or indeed divide it as a joint payment. It's up to you.

€1 goes to the Health Trust and €0.50 goes to the Benevolent Fund each week.

How is Health Screening Arranged?

Screening is arranged by your H&S manager. He/she must contact our office to arrange health screening for your participating workers either on-site or in your own premises.

When a screening session is arranged we ask you to allow your workers to attend the nurse for up to 1 hour without a deduction from wages. This removes any reluctance on the part of the worker and results in very high participation rates.

Ideally we try to screen our members every 2-3 years.

The Fine Print

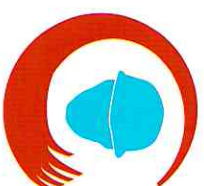
Health Trust

1. The Trust is a registered charity and a not for profit operation.
2. It is governed by a Board of Trustees made up of full time trade union officials.
3. Screening is carried out on-site or in the workplace by our partner company Healthcare Screening Ireland Ltd.
4. Screening is carried out by professionally qualified personnel using the most up to date and fully benchmarked diagnostic equipment.
5. There are no additional charges except where additional medical tests are requested and booked in advance.
6. All consultations are strictly confidential.
7. All consultations are reviewed by a qualified medical doctor.
8. Letters of referral for further treatment are issued in confidence by the doctor.

The Benevolent Fund

1. The Fund is a registered charity and a not for profit operation
2. It is governed by a Board of Trustees made up of full time trade union officials.
3. Applications for assistance are considered by the Board at its monthly meetings under the headings of serious illness, bereavement, financial hardship, work related injury/illness.
4. The board cannot consider applications on the basis of unemployment, retirement or non eligibility to social welfare benefits.
5. All applications are strictly confidential.

Construction workers Benevolent Fund
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CWHHT
Construction Workers
Health Trust

&

Construction Workers
Benevolent Fund

On-site Health screening for your workers, as part of your Health & Safety programme and confidential employee assistance, at times of crisis.

Low Cost Big Benefits

For just €1.50 per worker per week, deducted from wages along with the industry pension contribution, your employees are eligible to avail of our comprehensive health screening, which is carried out on-site or in your own workplace, and they may also apply to the industry Benevolent Fund for assistance during periods of hardship brought about by serious illness, bereavement or other family crisis.